

**Academy of Classical Oriental Sciences (ACOS)**  
303 Vernon Street. Founded in 1996

Over the last twenty to thirty years, alternative health practices in Nelson have flourished. The options for those seeking a more holistic approach to health have seemingly endless options to choose from, although many practitioners are either not covered by BC Medical Services or only partially covered. Practitioners include massage, chiropractic, cranio-sacral, reiki, naturopathic and homeopathic medicine, acupuncture, herbalists and more.